



## MENTAL HEALTH DISASTER RESPONSE AND OPERATIONS: ASSESSMENT, PLANNING, AND IMPLEMENTATION

TIME	SESSION TOPICS
9:00-9:15	<b>Introductions and orientation to the day</b> Todd Benham   Nahida Nayaz Ahmed   Samah Saeed Obaid Mebjar
9:15-10:00	<b>DMHRT Response Rationale and Emergency Physician Brief</b> Todd Benham   Derrick Tin
10:15-10:30	<b>Psychosocial Needs Assessment, Outreach Strategy, and DMHRT personnel and service required to meet the determined need</b> Todd Benham
10:30-10:45	Break
10:45-11:15	<b>Crisis Management of COVID in Abu Dhabi—evaluating the need, strategy, personnel required, and overall evaluation of the Abu Dhabi MH response to COVID</b> Nahida Nayaz Ahmed
11:15-12:00	<b>Facilitate or participate in a DMHRT; Implement Immediate Interventions, including Psychological First Aid techniques for responders and survivors (Include elements of Crisis Leadership)</b> Todd Benham
12:00-13:00	Lunch
13:00-13:40	<b>PFA Exercise (10 minutes per participants; 20 minutes discussion)</b> Todd Benham   Nahida Nayaz Ahmed   Samah Saeed Obaid Mebjar   Derrick Tin
13:40-14:40	<b>Learn and facilitate a hybrid model of disaster mental health response to conduct with disaster responders or DMHRT members</b>
14:40-15:30	<b>Disaster Mental Health Response planning (assigning Team Leads, participants, reviewing roles)</b>
15:30-17:00	<b>Table-Top Exercise</b>